

Purchasing a block of classes (Term)

Blocks must be pre-paid prior to the start of the term.

Blocks are non-refundable.

Should you be unable to attend an entire block, prior to the first class, a transfer of your payment is at the discretion of the instructor.

One-off classes that are missed, are not transferable to another person or another class.

There are no credits for missed classes.

The instructor reserves the right to cancel a class due to illness or other. A make up class or refund will be offered depending on the circumstance.

Workshops

Workshops must be pre-paid and paid in full.

Workshop payments are non-refundable.

Should you not be able to attend, transfer of your payment is at the discretion of the instructor.

Private Sessions

Private yoga is sold in packages of three sessions.

Private yoga packages must be pre-paid and paid in full.

All three sessions must be used within 7 weeks of the purchase date. Private yoga packages are non-refundable.

Pre-booked sessions must be rescheduled within 24hrs, to avoid penalty. This must be done via phone call to the instructor.

The session will be rescheduled for a time convenient to both parties.

If a session is cancelled within 24hrs, that session will be forfeited.

Retreats

Retreat payments are due in full or via payment plan that is set up individually between instructor and student. It is the instructors right to refuse a payment plan. **Retreat payments are non-refundable.**

Should you not be able to attend, the transfer of your payment to another person is at the discretion of the instructor.

You must adhere to the terms and conditions of the retreat venue and of Nikki Morrison Yoga.

The instructor reserves the right to ask any person to leave the retreat for disruptive or inappropriate behaviour.

Kids and Teens Classes

Kids and Teens classes must be pre-paid and paid in full.

Kids and Teens class payments are non-refundable.

All students under 18 years old will need an adult/parent to sign/submit the registration form before their first class.

Please note that parents do not accompany their children into class, unless the child has special needs that require support, as our experience shows that the children respond better when parents are not in the room.

The instructor (Nikki M Yoga) is accredited in Kids Yoga Teacher Training and Teen Yoga Teacher Training and full diligence will be employed when instructing classes. However, by allowing your child to participate in classes parents acknowledge that yoga is a physically strenuous activity and that they will not hold Nikki Morrison Yoga responsible for any injury that may occur.

Parents accept that at times there will be physical contact between the instructor and their child, which will always be carried out in a professional and caring manner.

Parents must pick their children up from class on time. The instructor will not be held responsible for children outside the scheduled class times.

Class etiquette

Must arrive no later than 5 minutes before start time or door may be locked. There are no credits for missed classes, whereby you are late.

Entering the yoga room after the class has started time, is discouraged, as this is very disruptive to the instructor and the other students.

Classes go for 75 minutes. Please be aware that leaving early is very disruptive to other students and is preferable not to do so. Before class, please be considerate of others and use this time for silence or quiet conversation.

Adult classes are for ages 18+.

If you'd like contact between classes, my preferred method is via email.

It is your responsibility to ensure your email address is up-to-date, so as not to miss important information throughout the term.

The instructor may occasionally take photographs of our classes, workshops, retreats, and kids classes for use on the website and social media. Please advise the instructor if you do not wish to be photographed.

Medical

You take full responsibility for your health before, during, and after the class.

Yoga can be a physically strenuous activity, please seek advice from a health professional before commencing any of our classes.

It is your responsibility to inform the instructor of any issues, injuries or changes to your situation that may affect you in class, physically and emotionally.

Yoga may increase your risks during the first trimester of pregnancy, please seek advice from a health professional before commencing any of our classes.

If you are, or you believe you may be pregnant, please inform the instructor at the time of booking.

*Instructor refers to Nikki Morrison.